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Aikido Kokikai Spring Camp

Chief Instructor
Maruyama Shuji Sensei
Founder and President of
Aikido Kokikai International

Spring Camp

Aikido Kokikai Australia is pleased to invite our members to this year's Kokikai Spring Camp. Maruyama Sensei will once again make the trip this year to share his aikido with us. This year's camp will again be held at UNSW.

Please take this great opportunity to learn aikido from the founder of Kokikai Aikido, watch and/or take part in higher rank gradings as well as catch up with other members of the Australia-wide Kokikai community.

BILLETS

If you are travelling from outside Sydney and require a billet please contact Glen Davison at glendavisonau@yahoo.com.au by 10th September.

PLEASE BRING

Kokikai Student Passport
Dogi (at least 2 recommended)
Hand/Face Towel
Mat-side Footwear
Water Bottle
Bokken & Jo

Camp Schedule*

SAT: - 3rd Oct

09.30 Registration & Setup
10.00 Training
11.00 Break
11.15 Training
12.30 Lunch
14.00 Training
15.30 Break
15.45 Grading / Training
16.30 Finish & Pack-up
19.00 Dinner with Sensei

SUN: - 4th Oct

09.30 Training
11.00 Break
11.15 Training
12.30 Lunch
14.00 Training
15.30 Break
15.45 Grading / Training
16.30 Finish & Pack-up
19.00 Dinner with Sensei

MON: - 5th Oct

09.30 Training
11.00 Break
11.15 Training
12.30 Lunch
14.00 Training
15.00 Grading / Training
16.00 Finish & Pack-up
19.00 Farewell Dinner with
Sensei

*Subject to change

APPLICATION:

name: _____

address: _____

phone: _____

email: _____

dojo: _____

grading: no/yes for _____ kyu/dan

special dietary requirements:

known injuries:

PRICE:

Full Camp

All Adults: \$190

F/T Students: \$150

F/T Students (Outside Sydney): \$115

Single Day

\$110

Morning/afternoon tea **ONLY** are provided as part of your camp fees.

Lunch, dinners and social events are not included in the cost.

Please inform us if you wish to grade. We need to know for which rank and on what days you will be attending. Grading requires a separate form to be filled out at registration and incurs a separate fee.

All attendees must have paid their 2015/16 AKA Subscription. If you have not paid you will be required to do as at time of registration.

LOCATION:

UNSW Unigym, 1st floor martial arts room. Corner of High Street and Anzac Parade, Kensington. Visit www.unsw-aikido.org.

ETIQUETTE:

- Be punctual. Turn up at least 15 mins before the sessions dressed & ready.
- Bring a clean gi and use deodorant.
- Bring small towel to remove excess sweat.
- Do not train under the influence of alcohol or drugs. Seek professional advice in regards to any medication being taken.
- Keep the dojo clean. No bare feet on wooden floors. Wear footwear at all times when not on the mat.
- Train with common sense. Be gentle & cautious as space will be limited and you will train with uke you are not used to.
- Pay close attention to what Maruyama sensei is teaching. Camp is a great opportunity to learn and refine your technique.